

Teen to Adult

Path to Independence



Becoming an independent adult isn't just about financial stability; it's about gaining the skills and knowledge necessary to lead a fulfilling life. By considering and researching these options, you'll be on your way to becoming a financially independent adult who owns their home, has a personally fulfilling career, is able to deal with adversity, is able to persist in their goals, is self-aware, and contributes to their community. Consider the following options.

Earning Money

1 Get a job



- ✓ Start small and gain experience in your chosen field.
- ✓ Network with others in your industry to find opportunities and make connections.

2 Get an education

- ✓ Invest in your future by pursuing a degree or certification in a field that interests you.
- ✓ Research scholarship and financial aid options to help fund your education.



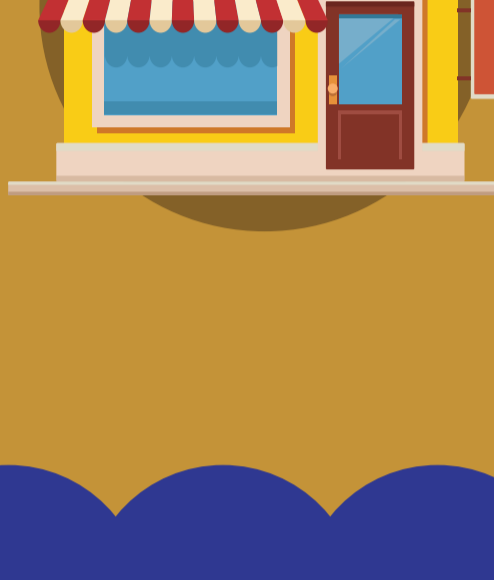
3 Join the military



- ✓ Consider joining the military to gain discipline, valuable skills, and financial stability.
- ✓ Research different branches and programs to find the best fit for you.

4 Start a business

- ✓ Entrepreneurship can be a rewarding path to financial independence.
- ✓ Research your market and develop a solid business plan before taking the leap.



Living on Your Own

5 Finding a place to live



- ✓ Research different neighborhoods and consider factors such as safety, affordability, and proximity to work or school.
- ✓ Consider roommates or shared living spaces to help with costs.

6 Managing your money

- ✓ Create a budget and track your expenses to ensure you're living within your means.
- ✓ Research financial literacy resources to help you make smart money decisions.



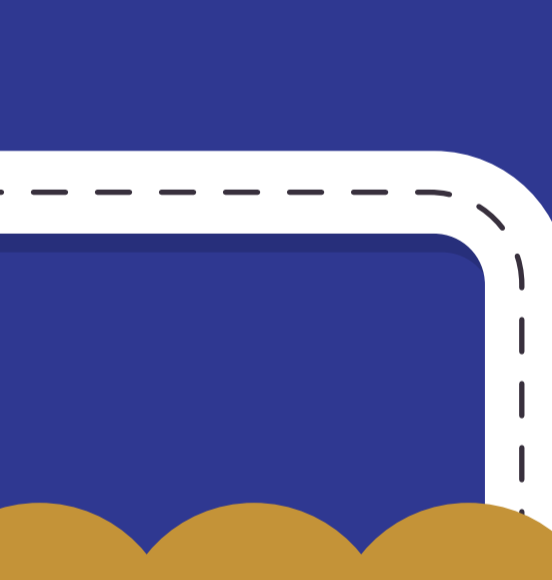
7 Taking care of your health



- ✓ Prioritize your physical and mental health by eating well, exercising regularly, and seeking support when needed.
- ✓ Research free or low-cost health resources in your area.

8 Building a positive support network

- ✓ Surround yourself with people who support your goals and encourage your growth.
- ✓ Join clubs or organizations that align with your interests and values.



Acquiring Adult Skills

9 Developing effective decision-making skills:

- ✓ Practice making decisions and evaluating outcomes.
- ✓ Seek advice from trusted mentors and use data and research to inform your choices.



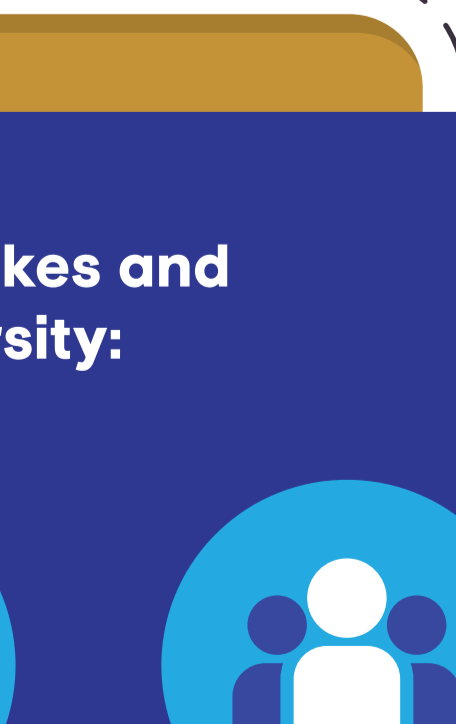
10 Learning how to set goals and execute your plans:



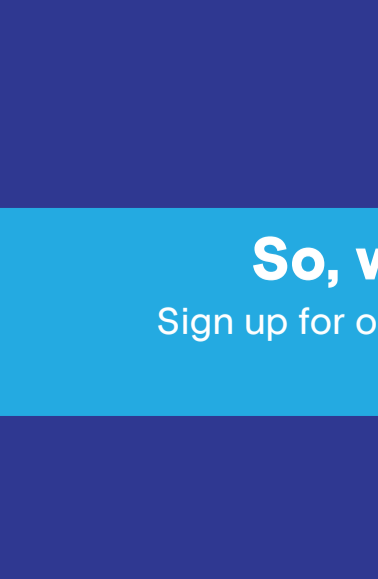
- ✓ Break down large goals into smaller, actionable steps.
- ✓ Use tools such as calendars and to-do lists to stay organized and on track.

11 Becoming persistent in your efforts:

- ✓ Develop a growth mindset and embrace challenges as opportunities for learning and growth.
- ✓ Use setbacks as motivation to keep pushing forward.



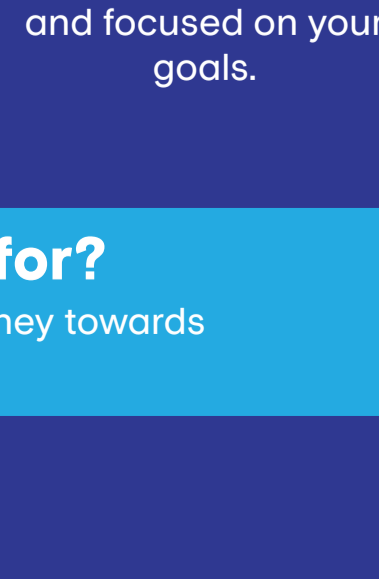
Learning from mistakes and managing adversity:



Reflect on your experiences and identify areas for improvement.



Seek feedback from others and use it to adjust your approach. Practice resilience and adaptability in the face of challenges.



Whether it's through self-talk, positive affirmations, or seeking support from friends and family, find ways to stay motivated and focused on your goals.

So, what are you waiting for?

Sign up for our course today and start your journey towards becoming an independent adult!



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