

Teen to Adult

SHAPING YOUR DESTINY

Why Skill Training is a Must for Aspiring Independent Teens and Young Adults



Transitioning from adolescence to adulthood is an exciting yet daunting time. It's like stepping onto a new playing field, one that requires you to play by new rules and demands a new set of skills. To bridge the gap between limited experience and marketable job skills, a wide array of training options are available. These include attending college or a trade school, acquiring a license or job certification, enrolling in online courses, or embarking on a self-study journey. Each of these paths offers its own unique advantages, allowing individuals to choose the approach that best suits their interests, goals, and circumstances. By augmenting their skill set, teens and young adults not only enhance their professional prospects but also empower themselves to navigate life's challenges more confidently and effectively. Regardless of the path chosen, the acquisition of marketable job skills is a transformative step towards a rewarding and successful career, which is why we are here to guide you in exploring and seizing these opportunities.

CONSIDER THE FOLLOWING STEPS IN EXPLORING YOUR NEXT STEPS IN DEVELOPING NEW AND MARKETABLE SKILLS

1

SELF-ASSESSMENT

Understand your strengths, weaknesses, interests, and values. This will give you a sense of the kind of jobs and careers that you might find fulfilling. You can research and take a free career self-assessment test at these websites:



- <https://www.123test.com/career-test/>
- <https://www.mynextmove.org/explore/ip>
- <https://www.truity.com/test/career-personality-profiler-test>
- <https://www.careerexplorer.com>
- https://www.careerfitter.com/free_test/careerbuilder

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RESEARCH POTENTIAL CAREERS

Based on your self-assessment, research careers that match your interests and skills. Use online resources for up-to-date job salary, benefit information, and related education and training opportunities. Below are some examples of career exploration websites you can research:

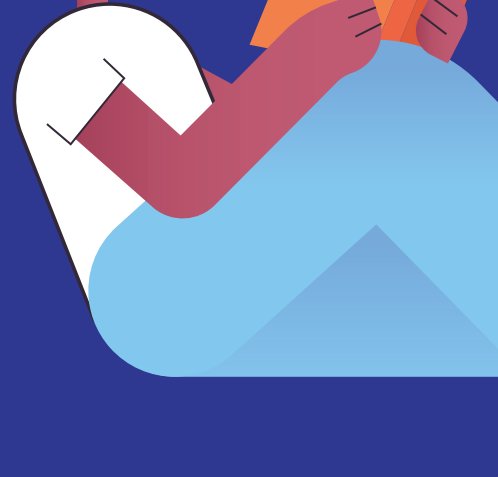


- <https://www.Onetonline.org>
- <https://www.mynextmover.org>
- <https://www.careeronestop.org/ExploreCareers/Learn/career-profiles.aspx>
- <https://www.myhplan.com/careers/>
- <https://www.liveabout.com/career-planning-6504743>

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EXPLORE EDUCATION AND TRAINING OPTIONS

Based on your research and the careers you're interested in, find out what type of education or training is required. But education isn't limited to the four walls of a classroom.



It can take different forms, each offering its unique advantages:



College Education

This traditional route provides a broad and well-rounded understanding of a particular field of study. It helps you build a solid foundation of knowledge while also offering the chance to specialize in a certain area. Plus, the degree you earn serves as a testament to your capabilities.



Trade Schools

They offer a more focused approach to learning, concentrating on the skills necessary for a specific job. You can acquire practical skills and get hands-on experience, allowing you to be job-ready in a shorter span of time.



Trade or Professional Licensing Programs

These programs enable you to acquire a specific set of skills related to a specific profession. They often end with a certification or license, serving as proof of your competence.



Certification Programs

Such programs can boost your career by demonstrating proficiency in a particular field. They often serve as an add-on to your existing qualifications, allowing you to further specialize and stand out. However, a certification can also serve as a starting point in a new field of interest.



Self-study

Self-learning has never been easier to access because of the continued development of the Internet. You can adjust your learning to your precise needs and speed using online courses, digital books, webinars, and other digital resources.

4

FIND A MENTOR

Seek out a mentor who is experienced in the field you're interested in. They can provide guidance, support, and opportunities to help you succeed. Here are a few ways you can find a mentor to assist in your job search and career development:



- Contact your high school or college and find alumni who you can contact
- Look for vocational or professional organizations in the industry or career path are you interested. Read the website and contact the blog authors. Consider joining the organization to make contacts
- Join a Group on Social Media sites such as LinkedIn, Meta, and other sites you have discovered in your research. Participate in these group, ask questions and see what connections you can develop.
- Reach out to a teacher or facility member of a school where there is a training program for the career path you are interested. Ask the facility member for guidance and advice.

Following the steps described above will help you decide the best approach for developing skills you need to advance in your profession, whether you work as an employee, freelancer, or business owner. This way of developing your skills as you progress in your work is a life-long asset. As you grow into adulthood, one skill you must develop is the ability to explore opportunities and determine which options match with your personal goals.

I'm dedicated to helping young adults like you navigate the complex world of career growth and personal development. I understand the unique challenges and opportunities you face as you transition from adolescence to adulthood.

On my website, you'll find a plethora of resources designed to help you make informed decisions about your future. From weekly posts covering various career paths to free tools that help you identify your strengths and interests, there's something for everyone. By taking advantage of our resources, the knowledge and skills you gain will not only make you more employable, but also help you become a confident, independent adult.

Whether you're exploring different career paths, looking to develop marketable skills, or simply need advice on handling the challenges of adult life, consider this website your go-to guide. Here's to your journey towards success!



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StewartPublishing.com | monty@stewartpublishing.com

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